

Learn To Beat Box

In tribute to New York, a city which has been hit harder than many by corona virus, let's celebrate and try and do some beat boxing. This is a style of music only using the voice that tries to copy instruments. Once you've learnt these, can you make up your own beat box. If you have the facilities, maybe send a recording to your teacher. Beat boxing was and is part of the hip-hop scene. Hip-hop, also originating in its modern Western form in New York, has a very do-it-yourself vibe. So *if* mum and dad are ok with it, we've also put forward some other do-it-yourself sound suggestions beyond the beat boxing.

Try to say the following words in a rhythmic fashion:

Boots N Cats N
Boots N Cats N
Boots N Cats N
Potato Cats!

Once you've got a good rhythm, try to say the words *without* any vowel sounds:

B-ts N C-ts N
B-ts N C-ts N
B-ts N C-ts N
P-t-t C-ts!

Try to say the following words in a rhythmic fashion:

Dog Dog Keys
Table T Baby Keys

Once you've got a good rhythm, try to say the words *without* any vowel sounds:

D-g D-g K-s
T-bl T B-b K-s

Try to say the following words in a rhythmic fashion:

Bud D Daughter
Kiss D Daughter
Bad Double T
Kiss D Daughter

Once you've got a good rhythm, try to say the words *without* any vowel sounds:

B-d D D-tr
K-s D D-tr
B-d D-bl T
K-s D D-tr

Try to say the following words in a rhythmic fashion:

Goose Kid D
Bubble D Cat Cat
Goose Kid D
Bubble Double Cat Cat

Once you've got a good rhythm, try to say the words *without* any vowel sounds:

G-s K-d D
B-bl D C-t C-t
G-s K-d D
B-bl D-bl C-t C-t

Try to say the following words in a rhythmic fashion:

Buff Double Puff
Double Triple Double Puff

Once you've got a good rhythm, try to say the words *without* any vowel sounds:

B-ff D-bl P-ff
D-bl Tr-pl D-bl P-ff

More info, including how others sound doing this on <https://beatboxingforkids.fun/>

More Beat Box

Here are some basic first sounds which you need to familiarise yourself with to get you started:

The Kick (Bass) Drum:

This is arguably the most important sound, but one of the easiest to master. The Bass Drum is usually hit using a foot pedal, hence being called the 'kick drum'. It has a very deep sound, because of its large size. Say the word 'Bear' over and over putting more emphasis and force behind the 'B'. Build the pressure behind your lips and try and blow it out with force through tight lips. 'B-B-B-Bear.' When you lose the 'ear' in 'Bear' you're left with the 'B' or 'buh' of the bass drum.

Closed Hi-Hat:

On a drum kit, a Hi-Hat refers to two cymbals that are pushed together and apart using a foot pedal. When the cymbals are together and hit with a stick it is called a 'Closed Hi-Hat' and when they're apart; an 'Open Hi-Hat' — which makes a longer sound. Think of the letter 'T' and the letter 'S', combine those two letters and push the sound out through your teeth, the mouth should be tight and small. After practising that for a while cut the sound off quickly with your tongue. 'Ts' instead of 'Tsss'. Try repeating the sound over and over and then maybe end with an 'Open Hi-Hat': 'Ts-Ts-Ts-Tsss'.

Classic Snare:

To make this sound, imagine you're trying to get something off of your lips. Push a 'P' sound through your lips, tightening them as you do so, to make the sound stronger and more percussive. Follow this with a 'sh', which can start as a long sound, becoming shorter once you've got the hang of it. A really strong 'P' followed by a cut off 'sh', will give you the 'Psh' of a classic snare drum.

After practising these sounds independently of one another, try running them together. The Hi-Hat can add variation and high notes to a low drum beat. Start just by repeating the sounds over and over. Then create a basic rhythm with two sounds, before adding a third, then a fourth sound together, in a more complicated rhythm.

You can add in any sounds, 'Mmm', as in a hum, or 'Mmm that was delicious'. Or the first letter of any word said strongly through tight lips. 'The 'D' of 'Dug' or the 'M' of 'Man', 'M-M-M-Man'. Experiment and play with the sounds and most importantly the rhythm.

Household Orchestra

Equipment needed

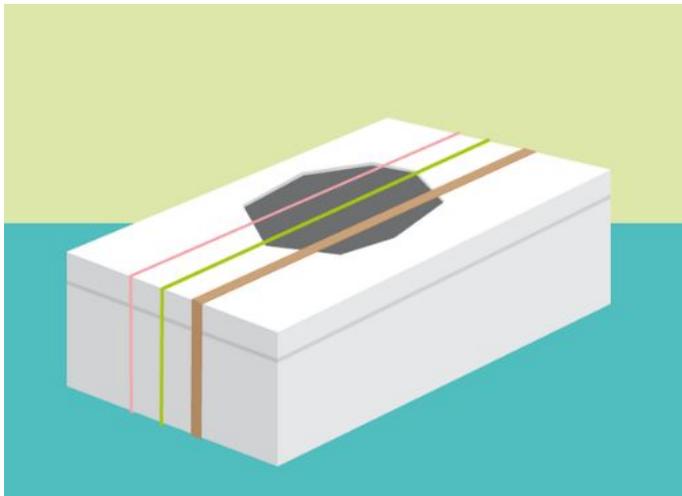
- Saucepans
- Baking pans
- Plastic pots
- Metal spoons
- Wooden spoons
- Metal whisk
- Glass bottles
- Water
- Elastic bands
- Shoe box



What could be percussion (e.g. rhythm instruments like drums)?



Fill different types of bottles with different types of liquid and tap or blow.



Different types of elastic bands stretched over a box with a hole. Then twang.



Add to orchestra with electrical equipment. It is important that electrical equipment is supervised by a trusted adult.